

I'm a new leader, what do I do? - coaching session

By Janet Hope



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Synopsis

These coaching session resources are designed to support the title 'I'm a new leader, what do I do?' The resources are useful for training personnel or experienced managers whom are responsible for guiding new managers in leadership principles and practice.

How to ...

How to understand the difference between management and leadership.

How to understand the behaviors of good leaders.

How to be the leader that you want to be.

Janet Hope

Starting her working life as a teacher Janet moved into management working for Government departments. She became a training consultant and management author many years ago and works with private and public organizations in Europe. Her passion is in helping ordinary people to make the best and the most of themselves and this passion is reflected in her writing.

Introduction

These coaching resources are aimed at team leaders and team members whom are new to leadership. The resources are a companion to the title '**I'm a new leader, what do I do?**' by Janet Hope and should be read and used in conjunction. The resources are designed mainly for self-coaching, but they maybe used by a coach.

The information and activities in these coaching resources are designed to help boost your knowledge of current thinking on leadership and concentrate your mind on how you can show leadership.

There are two underlying premises for the design of these resources. First, it requires an acceptance that all of us have innate abilities relevant to demonstrating leadership in certain situations. Secondly, is the belief that most people can benefit from instruction and developmental opportunities to release their leadership potential.

Many of the activities are centred round you. The aim is to help you know yourself, to realise what your leadership strengths and weaknesses are. The intention is to assist you with identifying those things you must start to develop, continue to practice or actually refrain from doing in order to reach your potential as a leader.